

# J.B.S. Press

Addition to January, 2012

**News from P.E.**

by Mr. Wood, P.E. Teacher

## SAVE THE DATES!

**IT TAKES HEART  
TO BE A HERO!**

American Heart  
Association   
*Learn and Live*



Our school is proud to partner with the American Heart Association to help kids with special hearts! Mark your family calendars now for our upcoming **JUMP ROPE FOR HEART** event taking place during P.E. classes the week of:

## FEBRUARY 13th-15th



You can help the American Heart Association NOW and get a head start by helping your child make a web page. It's safe, effective, & saves YOU time for raising life-saving donations. Visit [www.heart.org/jump](http://www.heart.org/jump) and click on 'Students Sign Up' to get started.

Please, sign up your child to join our American Heart Association School Team! Register & send 5-10 e-mails to receive an exclusive "I Helped Save A Heart" scented pencil (while supplies last)!

More ways to participate will be sent later this month! Thanks for your help.

### **Nursing Notes**

by Mrs. Cramer, Health Assistant

Now that children are wearing hats and hoods, it is a good time to remind them not to share headwear and to hang up their coat on a hook at school. It is also good for you to routinely check their heads for lice, which start out as a "nit" and then hatch into a "bug."

If you are contacted that your child has lice and nits (eggs), you will need to have your child cleared to return to school. Even if your child has no lice, but nits are visible, your child might not be allowed to attend until cleared; this is most likely to happen if there are several nits close to the scalp.

To be cleared, you will need to bring your child to the school health clinic, and if the health assistant or school nurse determines your child to be free of lice and nits, he/she will be readmitted to school. If your child still has evidence of lice and nits, he/she will be sent back home with you at that time.

Please do not hesitate to ask us or your physician for guidance in treating the problem. The county health nurse can also assist you, and we will be glad to help you arrange an appointment to meet with her.

I would also like to ask you to notify me any time your child's medications are changed, even if the medication is only taken at home. Thank you for helping me understand your child's medical needs.